













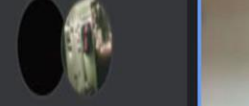
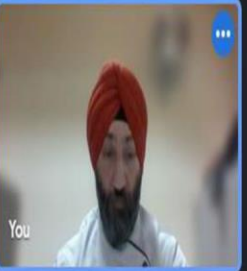


**ACTION PLAN BY MINISTRY OF TOURISM GOVERNMENT OF INDIA  
UNDER EK BHARAT SHRESHTHA BHART ACTIVITIES  
DURING MARCH 2022**

<b>Sr. No</b>	<b>Activities by India Tourism Offices / CIHMs / IITTM</b>	<b>Month of Activity</b>	<b>Proposed Activity</b>	<b>Details of the Activity</b>	<b>Paired States involved</b>	<b>No. of Participants / Attendees</b>	<b>Any other relevant information</b>
01	IHM Gurdaspur	MARCH 2022	Webinar	IHM Gurdaspur organized the Webinar on Punjabi Cuisine for the students of ICI Tirupati Andhra Pradesh ( Paired State). In which students of ICI Tirupati were given detailed information on Punjabi Cuisine by IHM Gurdaspur Faculty Member	Andhra Pradesh	40 Participants	

meet.google.com/gow-qnba-puq?authuser=0

You have extensions installed that may affect the quality of your call [Learn more](#) [Dismiss](#)

 Abhijith Ck	 Chef Rajasekhar Kanchi	 JYOTHIRDHAMA KUNC...	 Shweta Solunke	 shiva teja	 Amal K Panthavoor
 Jawad Shaik	 N.P.Nakshatra Paso	 Samiksha Kokondawar	 mohudoom anasudeen	 lokesh S	 Balamurugan A
 Shruthi Vikram	 A.J...	 25 others		 You	

gow-qnba-puq Track Attendance

Paused 00:09:34

40

ENG 04:18 PM



Save recording

meet.google.com/gow-qnba-puq?authuser=0

You have extensions installed that may affect the quality of your call [Learn more](#) [Dismiss](#)

varshitha vunnam

Chef Rajasekhar Kanchi

JYOTHIRDHAMA KUNC...

Shweta Solunke

shiva teja

Amal K Panthavoor

Jawad Shaik

N.P.Nakshatra Paso

Samiksha Kokondawz

lokesh S

Balamurugan A

Shruthi Vikram

A.J

22 others

Recording... 00:09:08

gow-qnba-puq Track Attendance

ENG 04:17 PM

A screenshot of a Google Meet window. The window title is "Save recording". The address bar shows "meet.google.com/gow-qnba-puq?authuser=0". A notification at the top says "You have extensions installed that may affect the quality of your call" with "Learn more" and "Dismiss" links. The main area is a grid of participant tiles. The first row includes tiles for "varshitha vunnam", "Chef Rajasekhar Kanchi", "JYOTHIRDHAMA KUNC...", "Shweta Solunke", "shiva teja", and "Amal K Panthavoor". The second row includes "Jawad Shaik", "N.P.Nakshatra Paso", "Samiksha Kokondawz", a tile with a hand icon and text "Pin mohudoom anasudeen to your main screen.", "lokesh S", and "Balamurugan A". The third row includes "Shruthi Vikram", "A.J", and "22 others". A "You" tile in the bottom right shows a video of a man with a red turban. At the bottom, there is a "Recording..." overlay with a timer at "00:09:08", a "Track Attendance" button, and a toolbar with icons for mute, video, chat, and end call. The system tray at the bottom right shows "ENG 04:17 PM".

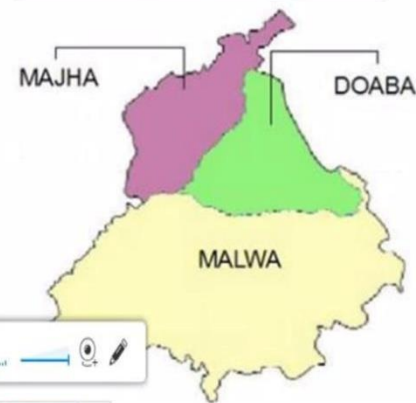
# Punjab: The land of Five rivers



The name Punjab is made of two words Punj (Five) + Aab (Water)

These five rivers of Punjab are Sutlej,  
Beas, Ravi, Chenab, and Jhelum.

## PUNJAB'S 3 REGIONS



Recording... 00:04:36

meet.google.com is sharing your screen. Stop sharing Hide

04:36

29:23
































Meet - gow-qnba-puq - Google Chrome

meet.google.com/gow-qnba-puq?authuser=0

You have extensions installed that may affect the quality of your call [Learn more](#) [Dismiss](#)

 AJITH ZAKHARIA	 Chef Rajasekhar Kanchi	 Chakradhar Donthu	 Samiksha Kokondawar	 JYOTHIRDHAMA KUNC...	 varshitha vunnam
 shiva teja	 Misbah Kam	 N.P.Nakshatra Paso	 Neha Sathyakumar	 Shweta Solunke	 Shruthi Vikram
 Balamurugan A	 mohudoom anasudeen	 16 others		 You	

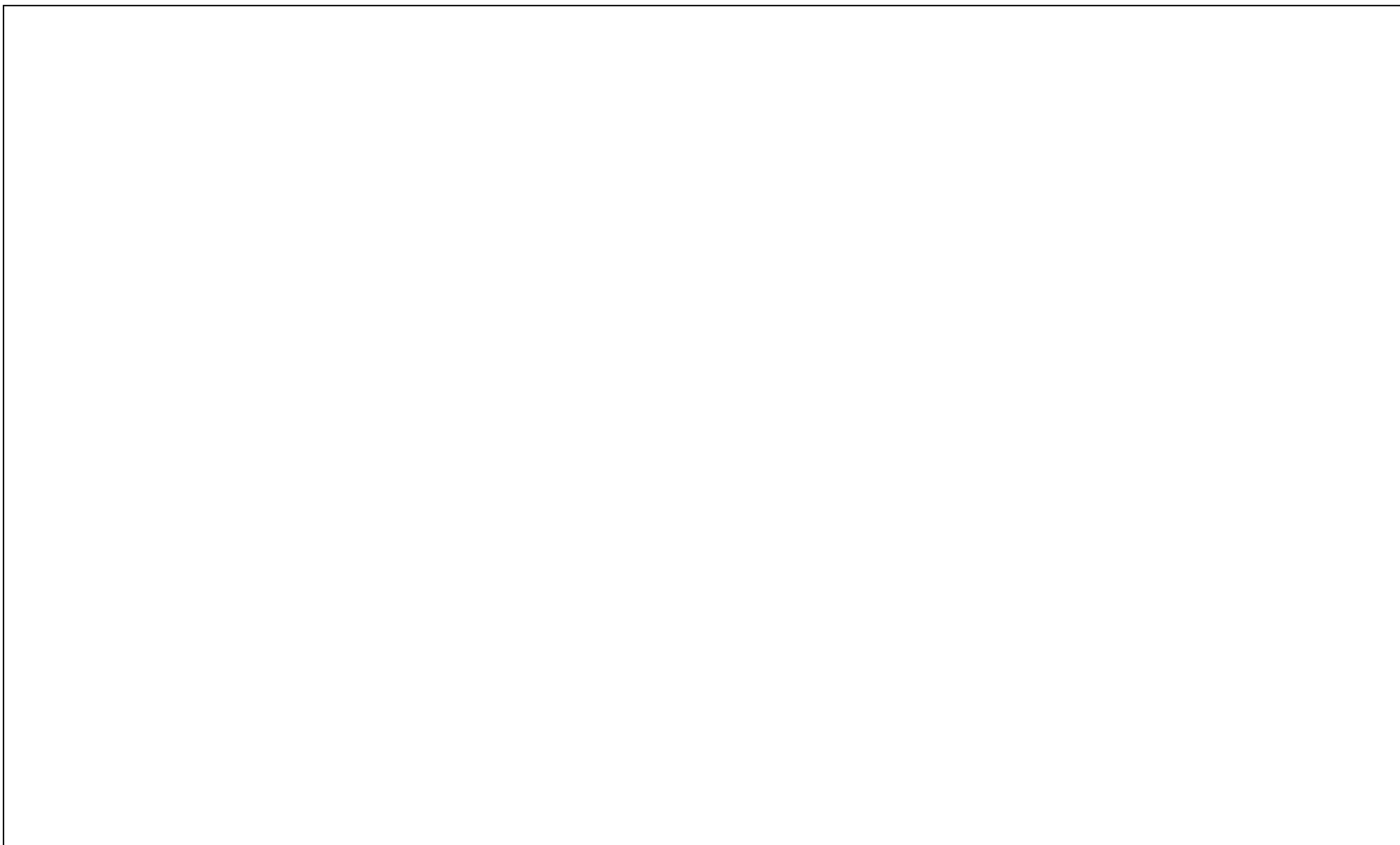
gow-qnba-puq **Track Attendance**           

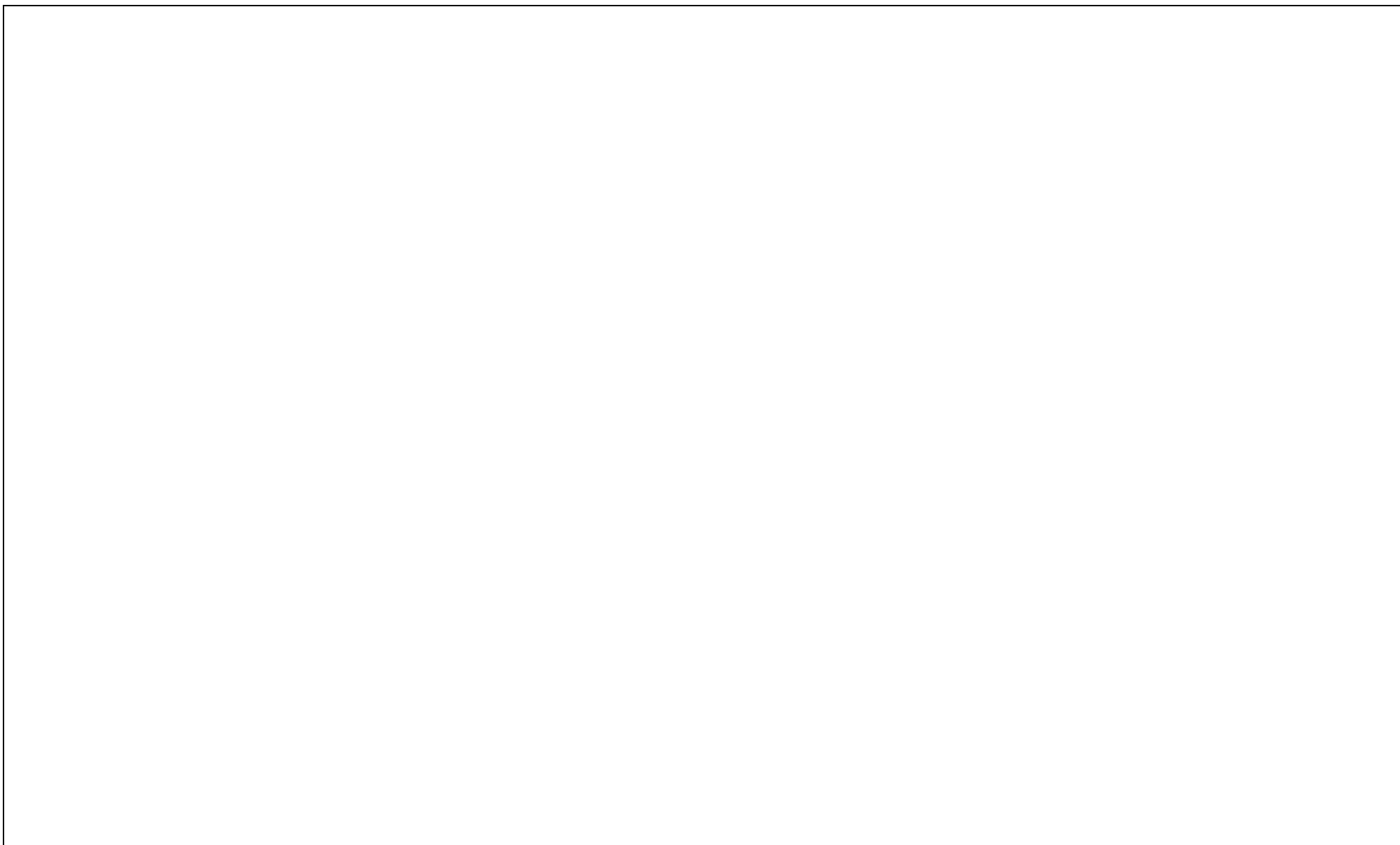
Type here to search

ENG 04:06 PM  
INTL 04-03-2022









**SOCIAL MEDIA HANDLING DETAILS FOR THE MONTH OF MARCH 2022**

S.No	Social Platform	Likes	Engagements	People Reached	views	Followers
1	Facebook IHM Gurdaspur page/EBSB facebook page	46	27	843	410	1781
2	INSTAGRAM IHM Gurdaspur Page	168			62	498